

THE VIEW @ THREE RIVERS

December, 2007

A Family in Service

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A new face at Three Rivers; Deanna West is the new Director of Nursing (DON). Deanna was born in Newark, Ohio; the tail end of a legacy

of boys. When growing up she enjoyed the outdoors. Some of her most memorable moments was going camping, hunting and fishing with her family. Deanna now lives in Springfield Township with her daughter Amber 15 and son Braydon

11, she's been married to Willie her husband for 14 years; who is a Navy recruiter. Deanna has been a nurse since 1994. She was a State Tested Nursing Assistant when she was 16 years old. She has worked on orthopedic neuro units in hospitals and is quite familiar with the many needs patients have when admitted to our rehab unit. Deanna has been in the Director of Nursing position since 1999. She has

worked at 2 other nursing facilities and an MRDD home.

Deanna spends her time going to cheerleading and football practices with her children. Her favorite food is Mexican and dark chocolate.

Something interesting you may have

not known about Deanna is that she enjoys mysteries, including TV murder mysteries. Deanna also enjoys going to mystery dinner theaters and traveling to Virginia Beach, Virginia. Deanna considers her wild-



est thing she's ever done is went bungee jumping off a bridge when she was 18 into a ravine. Deanna is camera shy so when you have a chance stop by her office next to the therapy hall and say hello, as we all welcome Deanna to Three Rivers.

~Pam Wolford and
Gabrielle Swafford

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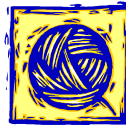
Susan Silvati
Dietary Director

MARK YOUR CALENDARS

Brrrr! We started the month off with a cold Alberta Clipper which brought just about 3 inches of snow. Stay inside while sipping cocoa by the Christmas trees. I'm excited about this month activities as I hope you are too! We started the month off by putting up Christmas trees and decorations around the facility, please stop by all units to check them out. Jim Herman came to sing for us again on December 4th which is also known as National Dice Day. Cloggers came again to entertain in the dining room on Wednesday December 5th the first day of Hanukkah. Saint Nick stopped by on the 6th of December as we had the Dunham Caroliers and St. Vincent Bingo in the dining room that evening. In celebration of National Cookie Cutters Week every unit made cookies and then topped it off by having a cookie social in the dining room at 2:30. We are introducing Sunday night activities through the winter months. A couple of Sundays during the month activities will be doing a 7:00pm activity in the dining room. Charades will be played in the dining room on Sunday December 9th. Wednesday December 12th is National Gingerbread House Day; each unit will be putting together Gingerbread Houses. The battle



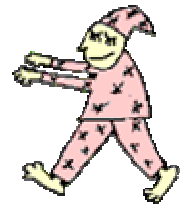
your daily RO for times of the Cross Town Shoot Out. As they play basketball battleing it out Three Rivers will start an Annual Cross Town Shoot Out of its own. Anyone in the facility may come to the Chapel between 1:00 and 2:15 to try their best shot at trying to win the Shoot Out for their unit. Thursday December 13th was Three Rivers salute to National Bingo Birthday Month. We will be having a Surprise Box Bingo Birthday Party to celebrate Decembers Birthdays. Please come to join us even if it's not your birthday. We finish



off the second week of December with Jane Lanzarotta's Craft Show in the living room from 10:00am-3:00pm on Friday December 14th.

Sunday December 16th Santa and Mrs. Claus will be in the dining room, while activities serve hot chocolate. Bring your camera to have your picture taken with Santa. December's Silent Auction will be held on Monday the 17th from 2:00pm-7:30pm in the living room, stop by and have a look. Jack Frost will be here on Tuesday December 18th at 2:30 in the dining room to entertain. Resident Council will be held on Wednesday December 19th at 2:30 in the Chapel. Light up Jandaracres will be held on Wednesday the 19th. Activities will be wrapping Christmas presents in the chapel between 10am-11:30am and 1:00-2:00 on Thursday December 20th, feel free to stop by and have your gifts wrapped by activities. December 21st Adopt a Table lunch

will be held at lunch time in the dining room. December 22nd don't get out of your pajamas as we celebrate National Pajama Day by wearing your PJ's all day.



Waited until the last minute to shop, and don't have time to wrap? Activities will again be wrapping your gifts for the holidays in the chapel from 8:30am-11:00am on Sunday December 23rd. Rick



Schroer and friends will be holding a Christmas Eve Mass in the Chapel on Christmas Eve at 10:30pm. Christmas

Eve there will be Eggnog and a snack in the dining room at 2:30. On Christmas Day Father Kenning will be holding a mass at 10:45am in the chapel. On Friday December 28th we will celebrate National Card Playing day with card games for the day. This years New Years Eve Party will be held on New Years Eve the 31st of December in the dining room at 2:30. The Stephenson family

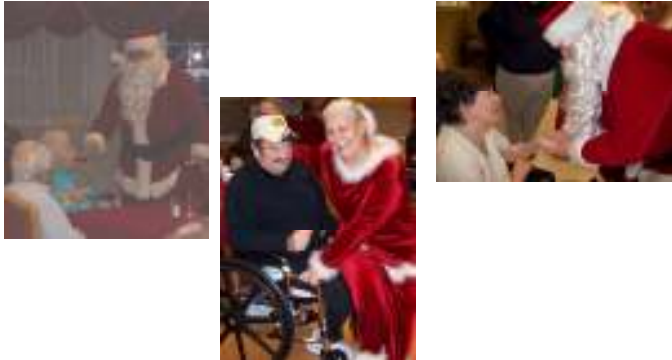


again will be here to entertain us while feasting on snack and goodies of the New Year. Don't forget about Weekend Trivia on December 9th and 23rd, Mr. Gibson will be in the living room on December 2nd and 16th at 3:30; Check your daily RO sheets for changes in the schedule.



between University of Cincinnati and Saint Xavier will be held on Wednesday December 12th check

Thank you to everyone who came out to have Hot Chocolate with Santa on Sunday December 16th. We all had a great time.



New Years Eve Party

Will be on Monday December 31st at 2:30 in the dining room. The Stephenson Family will be performing. We will be ringing in the new year in style with food, drinks, deserts and lots of fun. Bring your party hat and dancing shoes and get ready to ring in 2008!



Tammi's Award Winning Creamy Oreo Pie

Thank you to everyone who came out to the pie contest in November it was a great success. Receptionist Tammi Loehl was the winner this year.

For those of you who want to give the pie a try here's the recipe.

39 Oreo chocolate sandwich cookies, divided 1/4 Cup (1/2 stick) butter or margarine, melted
 1 Packages (8 ounce) cream cheese, softened 1/3 Cup sugar 2 Cups thawed whipped topping

Crush 25 of the cookies, mix with butter until well blended. Press firmly onto bottom and side of 9-inch pie plate. Refrigerate while preparing filling.

Chop 9 of the remaining cookies; set aside. Beat cream cheese and sugar in medium bowl with electric mixer on medium speed until light and fluffy. Add chopped cookies and whipped topping; stir gently until well blended. Spoon into prepared crust.

Refrigerate at least 2 hours or until firm. Halve remaining cookies; stand on cut edges around center of pie Also can crush and sprinkle on top. Enjoy!!!

Store leftover pie in refrigerator.

A FEW DATES TO REMEMBER...

BINGO IN THE DINING ROOM;

12/01 @ 2:30	12/02 @ 2:30
12/05 @ 2:30	12/08 @ 2:30
12/09 @ 2:30	12/11 @ 2:30
12/13 @ 2:30	12/15 @ 2:30
12/19 @ 2:30	12/22 @ 2:30
12/26 @ 2:30	12/29 @ 2:30
12/30 @ 2:30	

Bengal's Games

12/02 PITTSBURGH @ 8:15
 12/09 ST. LOUIS @ 1:00
 12/15 SAN FRANCISCO @ 8:15
 12/23 CLEVELAND @ 1:00
 12/30 MIAMI @ 1:00

Thank You

Three Rivers wants to thank all the volunteers that we had this year. Without your help we couldn't of had the year we had.



Country Store Hours

The Country Store is now open on Tuesday and Friday nights for everyone to continue their shopping into the evening hours. Here is a list of all the hours as they are now.

Sunday Closed

Monday 12:30-2:00

Tuesday 9:30-2:00 and 7:30-9:30

Wednesday 9:30-2:00

Thursday 9:30-2:00

Friday 9:30-2:00 and 7:30-9:30

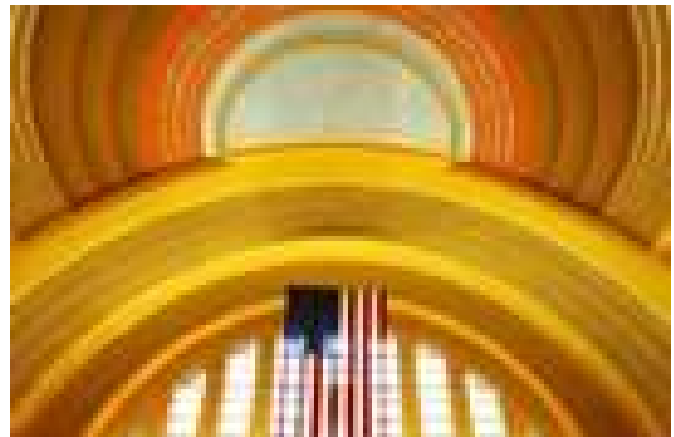
Saturday 10:00-2:00

Due to street conditions during the winter we will try to maintain all items in the store. If we are out of something please be patient it will be back in stock, we are probably waiting on streets to clear, and safer driving conditions.

Around Cincinnati...

Do you know where this is?

If you do be the first to tell activities to win a Skyline 3-Way! The picture is from somewhere in Cincinnati Residents only please.



Weekend Trivia Winners

First Place Evelyn Bode

Second Place Thelma Ruhstaller, Delores Wilder, Betty Lancaster

Third Place Marion Goss, Robert Thompson, Libby McMahan,
Joan Burgoyne, Melissa Fineburg

HAPPY BIRTHDAY...

Let's wish these residents a Happy Birthday

Joyce Corey 12/01
Elsie Feldman 12/01
Anna Kruse 12/02
Estil Watson 12/02
Paul Kleckener 12/03
Robert Witschger 12/04
Janet Bauer 12/06
Roselyn Sturgeon 12/08
Trula Sheppard 12/10
Mary Lustenberger 12/12
James Silles 12/18
Margaret Mahoney 12/19
Mary Stopel 12/21
Shirley Coston 12/25
Eleanor Humphrey 12/25
Kay Lampe 12/26
Melvin Pierson 12/30

Their Birthdays will be celebrated on Thursday December 13th, 2007 at 2:30 in the dining room. This month we will also be celebrating National Birthday Bingo Month by having a Surprise Box Bingo Birthday Party. We hope everyone will be able to join us even if its not your birthday.



7 Wonders of the World

Have you heard of the 7 Wonders of the World;

- Colossus of Rhodes, Greece**
- Great Pyramids of Giza, Egypt**
- Hanging Gardens of Babylon, Iraq**
- Statues of Zeus at Olympia, Greece**
- Mausoleum of Halicarnassus, Turkey**
- Pharos Lighthouse of Alexandria, Turkey**
- Temple of Artemis at Ephesus, Turkey**

Which were compiled by Greek scholars 2,000 years ago. The only surviving structure from the original ancient list (Great Pyramids of Giza in Egypt) has been granted an honorary spot among the new selections. In 2000, Swiss-born Canadian millionaire and adventurer Bernard Weber began a global campaign to update the original 7 Wonders of the World. His non-profit Switzerland-based New 7 Wonders Foundation accepted votes either by telephone or online, and approximately 100 million people from every country responded with a nomination. More than 200 sites were originally proposed.

Here are the new 7 Wonders of the World;

- Chichen Itza, pyramid, Mexico**
- Christ the Redeemer, statue, Brazil**
- Great Wall of China**
- Machu Picchu, ancient city, Peru**
- Petra, ancient city, Jordan**
- Roman Colosseum, Italy**
- Tahj Mahal, India**

Among the finalist were
Stonehenge, United Kingdom
Statue of Liberty, U.S.
Sydney Opera House, Australia

Editor's Note:

Betty Lancaster, Applewood

Keep in mind that we are working hard to bring you another wonderful newsletter next month, but we need your input, ideas, thoughts, stories, etc.